

## May 2022

CCAR

Hartford, CT 06114 (860) 244-3343

Virgina Adams, Center Manager Geraldo Rivera, Volunteer Manager



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Meditation Month	2 9:00 Volunteer Orientation w/Geraldo 10:30 Inhouse ARM 11:30 Community mtg w/Virginia	Center Opens at 12:00 pm 1:30 Inhouse ARM	4 10:30 Inhouse ARM 12:30 The Phoenix Group	5 10:30 Inhouse ARM 2:00 Recovery Coach Support w/Phil valentine	6 10:30 Inhouse ARM 12:00 Meditation w/Virginia	7
8	9 9:00 Volunteer Orientation w/Geraldo 10:30 Inhouse ARM 11:30 Community mtg w/Virginia	10 10:30 Inhouse ARM 2:00 Advocacy w/Rebecca Allen	11 10:30 Inhouse ARM	12 10:30 Inhouse ARM	13 10:30 Inhouse ARM	14
15	16 9:00 Volunteer Orientation w/Geraldo 10:30 Inhouse ARM 11:30 Community mtg w/Virginia	17 10:30 Inhouse ARM	18 10:30 Inhouse ARM	19 10:30 Inhouse ARM	20 10:30 Inhouse ARM 12:00 Meditation w/Virginia	21
22	23 9:00 Volunteer Orientation w/Geraldo 10:30 Inhouse ARM 11:30 Community mtg w/Virginia	24 10:30 Inhouse ARM	25 10:30 Inhouse ARM 12:30 The Phoenix Group	26 10:30 Inhouse ARM 12:30 Volunteer Recognition w/Geraldo	27 10:30 Inhouse ARM	28
29	30 CCAR CLOSED Memorial Day	31 10:30 Inhouse ARM	HOURS: Mon-Fri 8:30am-4:30pm			

## **RECURRING VIRTUAL MEETINGS:**

All Recovery Meeting (ARM): Mon-Fri 12:30pm [Zoom ID: 738 520 747] Friends, Families, Allies Support: Mondays at 5pm [Zoom ID: 560 608 198]

Recovery Capital: Wednesdays at 10am [Zoom ID: 849 864 80030]

**Recovery on a High Note:** Wednesdays at 3pm [Zoom ID: 856 929 83103] **Parents in Recovery:** Wednesdays at 5:30pm [Zoom ID: 851 3570 7081]

Women's ARM: Fridays at 10am [Zoom ID: 495 736 963]